

# WEEKLY

## meal plan

### MONDAY

- [Chicken Mushroom Wild Rice Soup](#)

### TUESDAY

- [Greek Chicken Gyros](#)

### WEDNESDAY

- [Beef Taquitos](#)
- [Guacamole Bites](#)

### THURSDAY

- [Stuffed Bell Peppers Without Rice](#)

### FRIDAY

- [Crockpot White Chicken Chili](#)

### SATURDAY

- [Chicken Tabbouleh](#)

### SUNDAY

- [Vegetable Lasagna](#)

### BREAKFAST & LUNCH

- [Chicken Breakfast Bake](#)
- [Pomegranate Smoothie Bowl](#)
- [Cheeseburger Salad](#)
- [Mini Pizza Quiches](#)

### DESSERT & SNACKS

- [Cherry Almond Cake](#)
- [Chocolate Pudding](#)